

♦ **CAMP SCHEDULE AND TUITION** ♦

The University of Tennis Camp is available to boys and girls ages 5-16 years. Children will receive a FREE t-shirt. Lunch will be provided for Full Day students FREE of charge.

5 Full Day Camp Tuition \$310.00
 5 Half Day Camp Tuition \$210.00
 (Availability limited by space and to children ages 8 and under)

Physical exam needed for all full day participants.

Full Day Campers: Arrive Mondays at 9:00 A.M. and depart at 4:00 P.M. Monday through Friday.

Half Day Campers: Will depart at 12:00 P.M. Monday through Friday

Tuition Payments: Due to a limited number of spaces available, full payment must be made when registering for each week. NO EXCEPTIONS.

Make checks payable to:
 Lyme Shores Tennis
NO CREDITS OR REFUNDS WILL BE ISSUED FOR DAYS MISSED.

♦ **SESSION DATES** ♦

SESSION 1	June 20	–	June 24
SESSION 2	June 27	–	July 1
SESSION 3	July 4	–	July 8
SESSION 4	July 11	–	July 15
SESSION 5	July 18	–	July 22
SESSION 6	July 25	–	July 29
SESSION 7	August 1	–	August 5
SESSION 8	August 8	–	August 12
SESSION 9	August 15	–	August 19
SESSION 10	August 22	–	August 26



22 Colton Road
 East Lyme, CT 06333



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 EAST LYME, CT 06333
 (860) 739-6281

**THE UNIVERSITY OF
 TENNIS
 JUNIOR CAMP 2011**

SPONSORED BY:
 LYME SHORES TENNIS CENTER
 PRINCE SPORTS GROUP
 WILSON RACQUET SPORTS USA

ANDRE DANFORD – CAMP DIRECTOR

◆ **DAILY SCHEDULE** ◆

MONDAY - FRIDAY

- 9:00 Strategy Session and Plan for the Day
- 9:10 Calisthenics, Agility Test, Jogging
- 9:30 Tennis Instruction
- 11:00 Juice Break
- 11:30 Tennis Serving and Mental Toughness Strategies
- 12:00 Half Day Campers Depart, Full Day Campers: Lunch, Swimming and Activities
- 1:00 Team Tennis
- 2:00 Competition, Drills, Tournament Play
- 4:00 Campers Depart - **Please pick up your child promptly at 4:00 pm**

Friday is Inter-Club and match play day. Official Camp T-shirts will be given to all players. Each student will learn how to get ready to play a tournament. Camp will include matches with other clubs. Transportation will be arranged by staff and parents as needed.

◆ **STAFF** ◆

All instructors are selected not only for their tennis ability, but also for their experience and leadership qualities. Each instructor has been personally selected and trained by camp director. The instructors are on site with the campers so all the students' needs, both on and off the court are met.

◆ **TENNIS INSTRUCTIONS** ◆

The camp's teaching objective is to build a solid foundation for the student so they will continue to improve after leaving camp. In a 5-day session, definite improvement will be noted. However, building a strong foundation of correct mechanics will not be sacrificed for immediate results.

The student's time on court will be divided among drills designed to improve the strokes, drills, which develop good footwork, and a sufficient amount of healthy competition.

When the campers arrive they are divided into groups based on age and playing ability. This prevents some of the frustration from being in a group where the players are either too advanced or too elementary. During competition it is especially important to place the campers in compatible groups.

The 5 to 1 student/instructor ratio affords an excellent opportunity to work with players of any age and ability, from the beginner to the very advanced.

All the modern teaching aids such as video/stroke analysis, ball machines and stroke developers will be available for use.

A progress report will be kept on each student so their development can be monitored, and timely adjustments made as necessary to the student's tennis needs.



◆ **APPLICATION** ◆

Tennis Camp 2011 (Ages 5-16)
All Camps Meet Monday – Friday

CHILD'S NAME _____
 PARENT'S NAME _____
 ADDRESS _____
 CITY _____ STATE ____ ZIP _____
 TELEPHONE (H) _____ (W) _____
 EMAIL: _____
 CHILD'S AGE _____ DATE OF BIRTH ____/____/____
 BOY GIRL
 SCHOOL COMPLETED 1 2 3 4 5 6 7 8 9 10 11 12
 SESSION DESIRED 1 2 3 4 5 6 7 8 9
 TENNIS EXPERIENCE BEGINNER
 INTERMEDIATE
 ADVANCED
 TOURNAMENT PLAYER
 FULL DAY HALF DAY

◆ **HEALTH RELEASE** ◆

I understand that neither Lyme Shores Sports Club nor anyone associated with the University of Tennis Camp is responsible for accidents and/or medical expenses incurred as a result of participation in the camp program. The applicant is in good health and able to participate in the activities of the camp. In case of accident or illness, permission is granted to take the camper to me local medical facilities for emergency treatment. If a situation arises, the parent or guardian will be notified at once.

SIGNATURE _____
 PARENT OR GUARDIAN _____
 IN CASE OF EMERGENCY CALL _____
 DATE _____
 HOME PHONE _____ WORK PHONE _____