

Program Overview

The University of Tennis is open to boys and girls ages 5-16 years. All students receive a free t-shirt.

Full Day Students

- Arrive at 9am and depart at 4pm Monday - Friday.
- Lunch will be provided FREE of charge.

Half Day Students:

- Arrive at 9am and depart at 12pm Monday - Friday.
- Availability limited by space and to children ages 8 and under.

Tuition

5 Full Day Tuition: \$395.00

5 Half Day Tuition: \$275.00

Make checks payable to: **Lyme Shores Tennis**

Due to a limited number of spaces available, full payment must be made when registering for **each** week. **NO EXCEPTIONS.**

No credits or refunds will be issued for days missed.

2017 Session Dates

- Session 1:** June 19 - June 23
- Session 2:** June 26 - June 30
- Session 3:** July 3 - July 7 * (prorated)
- Session 4:** July 10 - July 14
- Session 5:** July 17 - July 21
- Session 6:** July 24 - July 28
- Session 7:** July 31 - August 4
- Session 8:** August 7 - August 11
- Session 9:** August 14 - August 18

LYME SHORES
TENNIS & CONDITIONING CENTER
22 Colton Road
East Lyme, CT 06333

Summer Tennis for Kids Ages 5-16

University of Tennis

June 19 - August 18, 2017



Lyme Shores Tennis Center

www.LymeShores.com

Sponsored by:

Prince Sports Group • Wilson Racquet Sports USA

About the Program

At the start of each session, students are divided into groups based on age and playing ability. This prevents some of the frustration from being in a group where the players are either too advanced or too elementary. During competition, it is especially important for students to be placed in compatible groups.

Each day, students participate in drills designed to improve strokes, develop good footwork, and foster healthy competition. Correct mechanics will be emphasized.



The 5 to 1 student/instructor ratio affords an excellent opportunity to work with players of any age and ability, from the USTA QuickStart beginner to the very advanced student.

A progress report will be kept on all students so their development can be monitored and timely adjustments can be made as necessary.

After a five-day session, students can be expected to show definite improvement.

The program focuses on building a solid foundation of skills so students can continue to improve after the session has ended.



Daily Schedule

Monday - Friday

- 9:00 Strategy session and plan for the day
 - 9:10 Calisthenics, agility test, and jogging
 - 9:30 Tennis instruction
 - 11:00 Juice break
 - 11:30 Tennis serving & mental toughness strategies
 - 12:00 Half Day students depart
Full Day students: Lunch, swimming, activities
 - 1:00 Team tennis
 - 2:00 Competition, drills, and tournament play
 - 4:00 Full Day students depart
- Please pick up your child promptly at 4pm.**

Friday is match play day. Each student will learn how to get ready to play a tournament. Clinics will include matches with other clubs. Transportation will be arranged by staff and parents as needed.

Staff

Program Director: Andre Danford

All instructors are personally selected by the program director not only for their tennis ability, but also for their experience and leadership qualities.



Application

Child's Name _____

Parent's Name _____

Address _____

City _____ State ____ Zip _____

Phone (h) _____ (w) _____

(c) _____

Email _____

Child's Age _____ Date of Birth ____/____/____

Grade Completed _____ Boy Girl

Any Known Allergies _____

Tennis Experience

Beginner Intermediate

Advanced Tournament Player

Session Desired 1 2 3 4 5 6 7 8 9

Full Day Half Day

Do not use my child's photo on Lyme Shores print materials, website or Facebook page.

Health Release

I understand that neither Lyme Shores Tennis Center nor anyone associated with the University of Tennis is responsible for accidents and/or medical expenses incurred as a result of participation in the program. The applicant is in good health and able to participate in the activities. In case of accident or illness, permission is granted to take the student to local medical facilities for emergency treatment. If a situation arises, the parent or guardian will be notified at once.

Signature _____

Parent/Guardian _____

In case of emergency call _____

Date _____